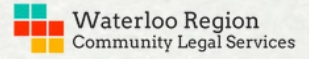


Idi ime ma buru nwa akwukwo koleji mba uwa?



Ihe i kwesiri ima!

O di n'intaneti na nasusu ndi ozo na: bit.ly/pregnancyfactsheet

Atumatu inshoransi ahuike koleji gi nwere ike o gaghi ekpuchi ugwo nlekota ahuike maka afo ime na omumu gi ma o buru:

- I turu ime tupu imalite agumakwukwo gi
- I turu ime n'oge na-enweghi mkpuchi inshoransi ahuike sitere na koleji gi

Lelee iwu inshoransi ahuike gi maobu gwa onye na-enye inshoransi ahuike maka nkwa gbasara mkpuchi afo ime.

O buru na atumatu inshoransi ahuike koleji gi agaghi ekpuchi ugwo nlekota ahuike metutara afo ime gi, ebe a bu ufodu akurungwa efu nwere ike inye aka:

NDUMODU NHORO MAKA AFO IME

O buru na imaghi ihe nhoro gi bu mgbe i turu ime, maobu choo igwa mmadu gbasara nhoro maka afo ime gi:

- Action Canada maka Ahuike Mmekoahu & Ikike: **1-888-642-2725**
- SHORE Centre: shore.inpuhealth.com/ebooking
- Atumatu Ibu Nne ma o bu Nna nke Toronto: **416-961-0113**
- Nhoro n'ime Ulo Ogwu Ahuike: **647-370-3203**

AKURUNGWA NLEKOTA AHUIKE



Ndi na-ele ime: Oru ile ime bu n'efu maka onye o bu na Ontario, n'agbanyeghi okwa mbata na opupu ha. I nwere ike ichota onye na-ele afo ime na ontariomidwives.ca/find-midwife. Kpoturu ndi na-ele afo ime ozugbo inwere ike n'ihu na a na-achosi ha ike



Ulo oru Ahuike Obodo: Ulo oru ahuike ndi a na-enye ndi na-enweghi inshoransi ahuike n'ime Ontario nlekota ahuike mbu: allianceon.org/find-a-centre.



Netwok Ahuike maka Ndi N'enweghi inshoransi: Nke a bu otu ndi na-ahu maka ahuike na-akwado ndi na-enweghi inshoransi ahuike: uninsurednetwork@gmail.com



Njiko Ahuike Ontario: Ekwentu n'efu maka ndumodu ahuike yana ozi sitere n'aka ndi noosu edebanyere aha ha: **811**

Adi m ime ma enweghi m inshoransi ahuike. Kedu nlekota ahuike m nwere ike nweta



Settlement.Org



Eziokwu ozugbo gbasara iga ulo ogwu iji muo nwa

- Ikwesighi igosi ID ka i nweta nlekota n'ulo ogwu. Naani i ga-enye aha gi, okike gi, na ubochi omumu gi maobu afo gi.
- Onu ego nlekota ahuike digasi icha site n'ulo ogwu ruo ulo ogwu.
- Ufodu ulo ogwu ga-enye gi ugwo n'ihu, ebe ndi ozo na-enye mgbe i nwetachara nlekota. O buru na i nwere ike, gwa ulo oru achumnta ego ulo ogwu ka i kparita ugwo ikwu ugwo OHIP na ihazi atumatu nkweghachi.
- Na ihe mberede, enweghi ike iju gi nlekota ahuike n'ulo ogwu, obulagodi na inweghi kaadi ahuike.

NDI OTU NA-AKWADO UMU AKWUKWO MBA UWA

- Migrant Students United (kpoo maobu dee): **647-858-2854**
- One Voice Canada: help@onevoicecanada.org